



Pre-Operative Patient Requirements

Please follow these instructions carefully so your surgical team can proceed with the surgery.

Week Prior to Surgery

- Arrange for a responsible adult to drive you home from surgery. Under no circumstances may patients drive themselves home from the surgery center/hospital.
- If general anesthesia is used, you will also need to have a responsible adult stay with you for 24 hours.
- Do not make any other plans for the day of your surgery. Surgery times are always subject to change. (Your ride should also reserve the whole day.)

Day Before Surgery

- Visit the facility where your surgery is scheduled to preregister and meet with a pre-op nurse.
- Do not eat or drink anything after midnight the night before your procedure.** If you do, OPA will be forced to cancel your surgery. (This is very important; the intake of food and liquid affects anesthesia.)

Day of Surgery

- Remember not to eat or drink anything!** In the morning, you may take all approved medications, but with only a small amount of water.
- Bathe or shower prior to your surgery — and do not use lotions or oils after doing so. Remove all makeup, nail polish, hairpieces and body jewelry. *Note: Joint replacement surgeries may require specific washes or wipes.*
- Wear loose comfortable clothing large enough to accommodate any necessary bandages.
- Be sure to bring...
 - A case for your contact lenses, glasses and/or dentures.
 - Your picture ID card.
 - Insurance cards.
 - Your Surgery Order Packet.
- Leave all valuables at home, including jewelry, cellular phones, cash, etc.
- Arrive at the surgery facility 2 hours prior to your scheduled surgery time to allow for pre-operative preparations.

Questions? Call your surgery scheduler or 562-2277.